

Scouts -- meeting tonight is moved:

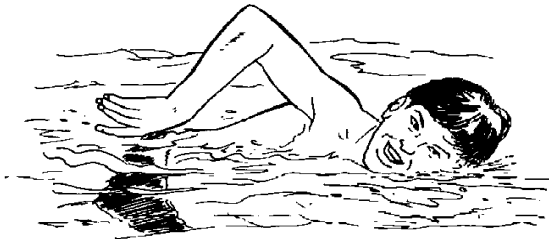
Swim at the Y!

Monday, March 30, 2009

Drop off at Y at: 7:00 p.m.

Pick up at Y at: 8:30 p.m.

Chippewa Falls YMCA



We'll try to get all the newer scouts signed off on the swimming requirements for Second and First Class (see right). There should also be plenty of time for FUN!



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Boy Scouts of America

Second Class

7.a. Tell what precautions must be taken for a safe swim.

b. Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.

c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.

First Class

9.a. Tell what precautions must be taken for a safe trip afloat.

b. Successfully complete the BSA swimmer test*.

c. With a helper and a practice victim, show a line rescue both as tender and as rescuer.

*Note: the BSA swimmer test is defined as follows:

Jump feetfirst into water over the head in depth, swim 75 yards/meters in a strong manner using one or more of the following strokes:

- * sidestroke
- * breaststroke
- * trudgen, or crawl;

Then swim 25 yards/meters using an easy, resting backstroke. The 100 yards/meters must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.